By Hayley Burgess
Managing Editor

There have been approximately 53 confirmed flu cases on campus since Influenza season started, and Student Health Services is urging the campus to take up precautions.

According to Director of Student Health Services Cora Bullard, they didn’t start seeing flu cases until after winter break.

“So far, we have seen close to 50 cases in the last couple of weeks, and they didn’t start until after Christmas break,” Bullard said.

Bullard said there are some precautions people can take to lessen the chance of getting the flu. These include staying away from sick people, cleaning hands frequently with soap and water or hand sanitizer, keeping hands away from nose, mouth or eyes and getting the flu vaccine.

“There is no cure for the flu, but there is medication, Tamiflu, which Student Health Services can give students if they come in within 48 hours of getting flu symptoms,” Tamiflu will not get rid of the flu, but it helps relieve symptoms,” Bullard said.

If a student has the flu, Student Health Services will give the student a packet with hand sanitizer, Kleenex, Tylenol, a mask to wear around people, throat lozenges and a thermometer.

They are also giving stu- dents notes to stay out of class.

“Students need to wait 24 hours after being fever-free before they go back to class,” Bullard said.

Bullard said it was impor- tant to get treatment for the flu because it could turn into pneumonia or bronchi- tis.

According to Bullard, the best way to avoid get- ting the flu is to get the vac- cine, which became available on Oct. 1. This year’s flu vaccine covers In- fluenza A and B and the H1N1 Virus (Swine Flu).

The vaccine needs to be in a person’s system for two weeks before it can take ef- fect. Bullard said some stu- dents have received the vaccine and come in a few days later with the flu because they are exposed to the virus before the vaccine has been in their system long enough.

If a student is sick, they are urged not to go to class and avoid contact with other people. If they do have to go out, students are urged to wear a mask to prevent spreading the flu through the air around them and to try and decontaminate any object they touch.

Bullard advises people this time of year to keep their hands washed and to get the vaccine.

“Make sure you wash your hands and use hand sanitizer,” Bullard said.

As of Feb. 7, there are eight flu vaccines left. The vaccine costs $10. Student Health Services is open Monday-Friday from 8 a.m.-11 p.m.

Students, faculty share memories at memorial
By Hillary Akers
Staff Writer

Students, faculty shared memories at a memorial serv- ice. Sanders introduced chosen speakers including Dr. Diane Jones, vice chancellor for Student Affairs; Dr. Jesse Peters, dean of Es- ther G. Maynor Honors Col- lege and Nicholas Pilot, a close friend of Rogers. Rogers the Friday before his death. Rogers, 20, died in an automobile accident Jan. 17.

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