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Athletic Training Clinical Coordinator Beverly Justice helped coordinate the event and organize the five competitions consisting of physioball pushups, physioball squats, an anatomy quiz, ankle taping and relay racing.

“Thanks to all the teams who came out to participate in the third annual Athletic Training Olympics,” Justice said. “The event was filled with friendly competition, lots of laughs and the participants came away with a better sense of what athletic trainers do.”

Justice said that the money raised will go toward the Athletic Training Student Organization’s fundraising efforts for Relay for Life. She said that she wanted to congratulate the MLK2 team on their third consecutive win.

The physioball pushups event tested the student’s upper body strength, the physioball squats tested the student’s leg strength, the anatomy quiz tested the student’s knowledge of human body parts, the ankle-taping event tested how fast and efficient the student could wrap a wounded ankle and the relay race tested the student’s speed with running on crutches.

March is National Athletic Training Month, and it was fitting to raise money for Relay for Life during the month of March to help promote athletic training, according to Justice. “Some students do not know exactly what athletic trainers do on the field or court,” Justice said. “This olympics event was a good way of promoting athletic training so that more students understand what we do.”

The Athletic Training Student Organization is composed of UNCP athletic training students, and its goal is to promote the health and wellness of UNCP student athletes, to educate the campus on the fields of Sports Medicine and Athletic Training and to enhance athletic training student education.

Relay for Life will start on April 8 and last throughout the night and into the afternoon of April 9.

The UNCP Bookstore raises $1,070 in its fourth annual Relay for Life barbecue sale, according to assistant manager Keats Ellis. Ellis said that bookstore personnel sold about 178 plates March 23. He also said some of the revenue came from donations. Ellis said some of the volunteers who helped execute the sale included Bookstore Accounting Coordinator Monika Lowry, Shipping/Receiving Coordinator Valerie Turnmire and various student employees and members of the Bookstore’s Relay team. Sodexo supplied the food for the event, according to Ellis.

Early in the afternoon, Bookstore director Karen Swiney predicted to sell 150 plates and raise about $800 during the fundraiser.

Other events Swiney said the Bookstore has other fundraising plans for Relay for Life, including T-shirt, candle and air freshener sales. Relay for Life is the main fundraising arm of the American Cancer Society. All money it collects goes toward cancer research.

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Students compete in Athletic Training Olympics

BBQ sale beats expectations

By Grant Merritt Web Video Editor

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